



Farnham Primary School

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Dear Parents and carers,

24th February 2025

Ramadan

The holy month of Ramadan is almost upon us and I want to take this opportunity to wish you Ramadan Mubarak and best wishes in all your preparations. For our Muslim families, I know this will be a time of excitement and positivity for you and your children. We fully understand this and embrace it as a school community. This month is a wonderful opportunity to uphold good character, to refrain from antisocial behaviour and to strengthen spiritual development and one's relationship with God. Ramadan is a time for striving for the best in all aspects of life.

The Council of Mosques advises that fasting '**only becomes obligatory when a person reaches the age of puberty and therefore not compulsory for the majority of primary school aged children.**' We understand that some of our older pupils may wish to participate and try to keep some or part of the fasts but we would encourage you to keep to holidays and weekends when you are able to support them in this. Fasts will be long and can be difficult for some children. I know that you will have thought carefully about whether your child fasts and school will be respectful of your decisions. As usual we are asking for parent's co-operation. It should be the parent's decision and not the child's. Often young children feel they know what is best for them, however adults should have the final say. We do not expect any children below Year 6 to keep fasts. If parents of Year 6 pupils want their child to fast during the month of Ramadan, they must inform the school in writing and speak with the class teacher or member of the leadership team.

In the event of a child becoming distressed or unwell when he or she is fasting, the school will ask the child to break their fast by offering a drink of water or small snack. This becomes a safeguarding issue and parents will be contacted. Year 6 children who are fasting will be encouraged to make use of the quiet areas on the playground to conserve their energy.

I want to take this opportunity to wish you an enjoyable and peaceful Ramadan. I wish you all a happy and productive month and wish you well in all your devotions. I know this will be a very special time for many of you and your children.

Yours sincerely

Mrs S Keenan
Acting Headteacher

