

# Farnham Primary School

'Together we discover, believe & achieve.'

17<sup>th</sup> June 2026

Dear Parents and Carers,

## SWIMMING IN YEAR 5

Swimming is a compulsory part of the National Curriculum. We expect all children to learn to swim by the end of Year 5. Your child will be having swimming lessons at Sedbergh Sports & Leisure Centre on a Tuesday afternoon.

From Tuesday 8th September 2026, Zephaniah Class will be attending swimming lessons until February half-term 2027 and from after February half-term 2027, Strong class will be attending swimming lessons every Tuesday afternoon until July 2027.

For their swimming lessons, your child will need:

- Named swimming costume / trunks.
- 1 large towel in a waterproof bag.
- Remove earrings before school.
- Remove underwear before putting swimwear on.
- Boys MUST wear swimming trunks, NOT PE shorts or boxer shorts.
- Hair products and earrings are not allowed for health and safety reasons.
- Hair must be tied up, preferably in a bun or a plait so that it does not get wet.

On swimming days, you can help your child by sending them to school wearing their swimming costume or trunks under their school uniform. Remember to put some underwear in their bag with their towel to wear after the swimming session once they are dried.

Please speak to the school office if you have any questions.

Yours sincerely,



Mrs S Keenan  
Headteacher

Headteacher: Mrs S Keenan



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